



Sometimes you need more than a regular treatment. As a unique person your needs are specific. Lets combine your preferences and my experience to make your visit a nurturing and healing pleasure.

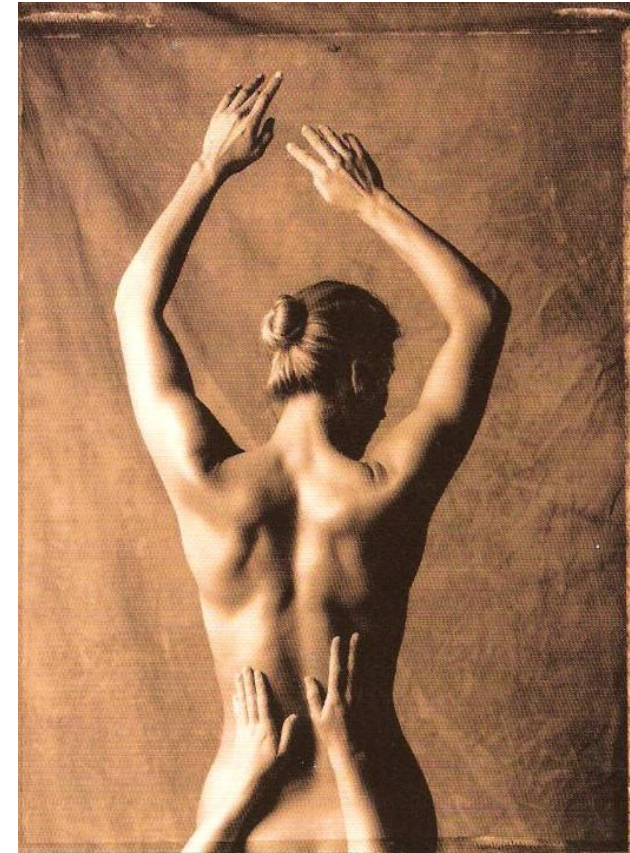


Natural Bodyworks and Massage by Edith

71211 Sanders St
Abita Springs, LA 70420
(985) 234-9699
(985) 789-8032

www.primalhands.com
edith@primalhands.com
LIC#2500
NCTMB#325647-00

Natural Bodyworks and Massage by Edith



We've all have heard it, said it or thought it before, " I need a massage." Once considered to be just hedonistic pampering for the rich and famous, massage therapy is now finding enormous popularity for millions of Americans.

Caring for yourself is your responsibility. Helping you achieve that goal is mine.

Natural Bodyworks and Massage by Edith

Massages

- **Medical:** Target and correct muscular dysfunctions.
- **Deep Tissue:** Focuses on the deeper layers of muscle tissue.
- **Pregnancy:** A must have for mothers to be, relieve the pressure on back, and promote circulation on lower limbs.
- **Relaxation:** Promotes general relaxation, improves circulation and range of movement, and relieves muscular tension.
- **Lymphatic drainage:** Very gentle and aims to encourage movement of lymph away from swollen areas.
- **Thai (table and mat):** Series of yoga stretches to relieve the fascia.
- **Cellulite:** Removes accumulated fluids out of the cells diminishing the dimple appearance.
- **Hot stone:** Deep heat is applied through medicinal balls to areas of the body to relieve muscular tension.

Body treatments

- **Cupping:** Helps to drain toxins, loosen adhesions, facilitate blood flow, and stimulate the body.
- **Body wraps:** Firms and tones the skin while detoxifying and re-sculpting the body.
- **Ear candling:** A hollow wax candle is lit in the ear canal to improve balance and hearing.
- **Hand and foot paraffin:** Relieve arthritic pain and soften the skin. Wonderful for cracked heels and dry hands.

Outcalls

We bring the spa to your house. Tell us your loved one's preference of massage, aroma therapy, and sound therapy

Prices

We charge by the amount of time that is booked. Our pricing is as follows:

Thirty minutes	\$45.00
Sixty minutes	\$70.00
Ninety minutes	\$90.00
Two hours	\$120.00

Initial massage is a minimum of 90 minutes.

Outcalls are available. Contact us for a specific quote.

For our clients that need more than a massage, we offer complementary postural analysis. Once we discover the source of your pain, your treatment will be focused on providing you with long lasting relief of your discomfort.

Gift certificates available

71211 Sanders St
Abita Springs, LA 70420
(985) 234-9699
(985) 789-8032

www.primalhands.com
edith@primalhands.com
LIC#2500
NCTMB#325647-00